The real reasons why people take drugs

To act on learned behavior. A person can be vulnerable to drug use due to a number of factors, including family background, past experiences and genetic endowment.

To feel good. Drugs can produce intense feelings of pleasure. This initial euphoria is followed by other effects, depending on the type of drug used.

To feel better. Some individuals who suffer from depression, social anxiety, loneliness, or various forms of trauma or stress may begin using drugs to calm themselves.

To conform socially. Teenagers are particularly at risk of using because of peer pressure and the strong desire to be socially accepted.

To perform better. Some people feel internal or external pressure to improve their focus in school or at work, or their abilities in sports and other competitive environments.

HOPE VALLEY Recovery

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